# PARENT GUIDE





→ Hackney







Children today are growing up in an information age. With so many sources of information readily available (but not always accurate!) it can be overwhelming for young people to make sense of the world around them. These simple tips are designed to help parents think about how best to support children in developing their knowledge and understanding of issues they care about.

By following this guide you can help your child stay safe online and can give them skills to work out what is reliable information.

Thinking about and making sense of current affairs, as well as sensitive and controversial issues, is a key part of children's education and development.

Children are interested in understanding society and its changes, but they need support and guidance from trusted and respected adults in order to do







## **KEY THEMES**

When addressing a controversial or senstive issue, consider the following steps:

- 1. Address the emotion feelings first
- 2. What do we know? What evidence is there?
- 3. What do we want to do about it?

## THEME #1: EMOTION

Social and political issues often create strong feelings and emotions in ourselves and in our communities. We all have emotional reactions to sensitive social and political stories and the techniques the media use to report on these issues often serve to heighten these emotions. Children pick up on feelings of anger, anxiety or enthusiasm.







It can be useful to address these emotions and why we might feel this way before we start exploring the issues themselves. A good place to start when supporting children in this process is to get an understanding about how your child feels about a particular issue. Are they feeling confused, curious, angry etc? (see Step-by-step guide for tips on how to do this)









## THEME #2: EVIDENCE

When talking with your children it is important to start from where they are at in terms of knowledge and understanding. What do they know, think or understand about an issue? It is not important that as a parent you are an expert yourself (very few people are!) Instead, it is important to support children to think critically about the stories we see and hear. This could involve:

Looking up different viewpoints on any given issue

Sue

Checking the sources of information e.g. WWWDOT approach (see useful links section)

Encouraging your children to adopt a 'questioning' stance to information

Not always expecting to find the perfect answer. Some issues are too complicated for a simple conclusion, and this is an important lesson for children to learn

### THEME #3: EMPOWERMENT

We are often concerned or feel strongly about big issues in society, but we can also feel powerless and 'out-of-control'. As adults we can help children understand that we can make a difference to issues we care about. This could include considering the following questions:

What is the issue?





Are there any responsible organisations who are working to make a difference?



Are there ways we can contribute? (emails, tweets, letters, petitions, volunteering etc.)





#### ACCESSING SUPPORT:

**↔** Hackney

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hackney.gov.uk



communitysafety@ walthamforest.gov.uk



<u>prevent@tower</u> hamlets.gov.uk

#### PRESENTEDBY:

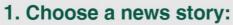








## TACKLING THE ISSUE: A STEP-BY-STEP GUIDE



This could be one that the young person is interested in, or one that you would like to discuss with them.

Ask them how they feel about the story - one way to do this is with Emotion cards like the ones below:

How does this make you feel?		
Confused	Curious	Calm
Angry	Anxious	Indifferent
Interested	Excited	Something else

#### 2. Research it together:

This could be from a source they have found or it could be one you have chosen (or even better, both!)

Consider these questions when looking at the sources:

- Who wrote the information? Are they reliable and what evidence do they have?
- When was it written? Is the information up to date?
- Why was it written? Is there an agenda? Is the author biased?
- Where else can you check the information?

#### 3. Talk about it:

Share what you have found and discuss your reaction to it.

Engaging in this process (and showing you are willing) is crucial.

Have either of you changed your views on the story? How? Why?

Take the time to discuss what your 'next steps' could be - the Empowerment section on page 2 could offer some initial ideas for you to explore with your child.

## **USEFUL LINKS**



The following sites can provide useful information and guidance for exploring sensitive issues and news stories:

@Snopes.com.....@Fullfact.com.....@BBC Newsround.....@Simplepolitics.co.uk

Also consider exploring the 'WWWDOT' approach to improving student's critical evaluation of websites:

- 1. Who wrote this and what credentials do they have?
- 2. Why was it written?
- 3. When was it written?
- 4. Does it help meet my needs?
- 5. Organization of the site?
- 6. To-do list for the future.









